



GUIDANCE AND COUNSELING IN EDUCATION

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Abstract

The meaning of Guidance as all of us know is help or assistance. Guidance, seeks to help each individual become familiar with a range of information about himself, his abilities or ambitions for the future. Guidance is a means of helping individuals to understand and use wisely the educational, vocational and personal opportunities they have. Guidance covers the whole process of education which starts from the birth of the child. Guidance helps the person in his adjustment in different situations. This process allows learning to adjust with different types of problems. In this way the main characteristic of the nature of the guidance is to provide new energy to the demoralized person by adjusting himself in the problematic situation through the process of guidance.

Meaning of Counseling

Though the term guidance and counseling is used interchangeably, both the terms have different meaning. Counseling is as old as society itself. In everyday life, we face various problems and counseling goes on at many levels. Parents counsel their children at home, doctors counsel their patients, lawyers to their clients and teachers to their students. There is no limit to the problems on which counseling can be offered nor to the persons who can render this help. But when the problem is not solved in the regular setup, it needs professional help.

Let us know about the need of guidance recommended by Kothari commission Report (1964-66) The commission report recommended that guidance should be regarded as an integral part of education meant for students and aimed at assisting the individuals to make adjustment and decisions from time to time. According to Kothari Commission Report Guidance should begin from the lowest class in the primary school, At Secondary stage adequate guidance services should be introduced. All secondary teachers should be introduced to guidance concept through pre or in service training.

Today's world is highly complex, unusually Competitive and providing innumerable of opportunities due to rapid advance of science and technology the mind of the child is filled with horror. In such a complex world, the vary roots of traditions customs, beliefs, be understood. The established norms of the social institutions like the family the education institutions, the school and the social miliee have been challenged and distorted Guidance, therefore has become a necessary service for the individual to analyze himself to be able to gain an useful place in the modern society.¹

It will analyze our family setup today, we find the

- Breakup of the joint family system.
- Working parents
- Absence of hereditary occupation
- The acute housing problem
- Lack of facility of open play ground
- No common prayers.

Due to the above situation of our family system we need guidance in all the areas of development like educational, vocational personal social and religions. Otherwise we have to see the social evils like delinquents, drug addicts, unemployment and indiscipline etc.

In school also we need to provide guidance vigorously. Because in schools now a days students are facing various problems like

- Over crowded classroom
- Less student teacher relationship
- Achieving fourfold aims of education

in modern society like

- Life long learning
- Early productivity
- Sensitivity to the socio – economic environment and
- Self actualization



Therefore in modern times, the need for guidance is felt much more in educational institutions and also for the authorities. Guidance service in schools and colleges is necessary for the following reasons.

- To help in the total development of the student.
- To help in making proper choice of various stages of their educational career.
- To help the students in vocational development.
- To help the students to make the best possible adjustments to the situations in the institutions as well as in the homes.
- To identify and motivate the students from weaker sections of society.
- To identify and help the students in need of special help.

Counselling is a process by which a troubled person is helped unsatisfactory involvement in the academic work by students are some of the often noticed problem.² The problems need to be solved to the maximum extent by assisting them.

The following are some of the objectives of educational guidance.

- To monitor the academic progress of the students.
- To acquaint the students with the prescribed function.
- To identify the academically gifted backward, creative and other category of special learners.
- To assist student in getting information about further education.
- To diagnose the learning difficulties of students and help them to overcome the same.

Need of Educational Guidance

Diversified courses

The need of educational guidance is felt only where there are various types of courses to choose or where there are various types of courses to choose or where the schools are multifilateral ones. It is not needed where only one curriculum is being taught to all the students, for their path is already determined.³ A child to hold and behave in a more personally satisfying manner through interaction with an uninvolved person counselor who provides information and reactions which stimulate the students to develop behavior which enable him to deal more effectively with enable him to deal more effectively with himself and his environment.⁴ Counseling is the service offered to the individual who is undergoing a problem and needs professional help to overcome it.

The most important to various types of guidance is educational guidance. Educational Guidance is directly concerned with the pupil.⁵ In the students life, this guidance is very important. The chief aim of educational guidance is to develop the ability of co-ordinating with the school / college environment in the pupils to create necessary may select themselves proper learning objectives, devices and situations.⁶

Students often encounter difficulties in understanding what is taught in the classroom, laboratories and workshops. Expected change in behavior is not fully achieved. Failures in examinations and tests.⁷ Poor standards of assignments, has to be guided to selecting right educational courses.

Failure

Educational guidance is also needed when the students fail in a particular course if the failed students or dropouts are not guided they may become delinquent. Such students need to be treated with sympathy.⁸

Second Chance must be given Parents, Teachers and educational experts give all guidance to keep well motivated and help them to come back in the main stream.

Unsatisfactory Progress and Undesirable Behaviour

Educational guidance is all the more needed when the students do not show satisfactory progress or develop undesirable modes of behavior in a particular course. It is essential to guide them and show them the right path.⁹

Individual Differences

There are large numbers of children in the class. Each child is different from the other in abilities and interests. Educational Guidance helps them to select a right course according to their abilities.

Adjustment of Students in School or College Environment :

Guidance in School / College is also given to gifted children as well as academically back ward children so that can cope up with the studies.¹⁰



Elementary Stage

At this Stage the child is a mere beginner. No Specialized Service is required. Only Consideration as for as educational guidance is concerned is that all efforts be made to help develop positive and healthy outlook towards life.

Secondary Stage

At this stage the child in dire need of proper educational guidance. It should be as specialized service. At this stage all schools / colleges must provide this service as educational guidance mostly at this stage is given by illiterate parents , neighbours and unrealistic ambitions of the child. ¹¹

Educational guidance is intended to the individual choosing a proper educational programme and making progress in it. This involves

- Knowledge of the abilities and interests of the individual
- Knowledge of a wide range of educational opportunities and
- Programmes of counseling to help the individual to choose wisely on the basis of the above two kinds of knowledge

Counseling regarding

- a.) The appraisal of the students with reference to his Capacities
- b.) The exploration of his vocational potentialities and interests.
- c.) The obtaining of information about all kinds of educational resources in the College and the Community.
- d.) The selection of training center that provides educational opportunities in keeping with the students capacities and interests.¹²

Conclusion

College counselors serve a dual role of educator through guidance education activities and counselor through counseling services merging when the counselor is involved in prevention work. All of life's situations interact with each other. For instance, by addressing a student's personal/social needs through counseling, the college counselor simultaneously teaches resiliency skills and affects the student's readiness for educational challenges. As a result of such interrelationships, the college counselor supports the integration of guidance and counseling services to address college and community needs

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