



VIEW OF MEDICAL PROFESSIONAL AND PSYCHOLOGIST FOR RAPE VICTIM

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Abstract

This paper focused on the views of medical professionals and psychologist for rape victim. It provides an overview of the consequences of sexual violence. Rape felony crime in which a person is forced to have sexual intercourse without giving consent. Holmstrom and Hurgess (1978) studied the institutional response to victims of rape. They Found rape victimization as a trauma syndrome resulting into the total disruption of all aspect of life. The increasing rape cases calls for obtaining a view of peoples in the society especially that of medical professionals and psychologist. The sample consisting of 15 Psychologist and 15 Doctors Lucknow city a semi-structured interview questionnaire was prepared with expert advice and content analysis method was applied. The study indicates that unemployment, media, lack of education and disturb mental status are assumed as major causes of rape. There should be awareness programme conducted time to time by schools, college and media should more focus on victim rather than rapist this is wrong media should more focus on rapist. Fast track trails and strict law enforcement are suggested by the samples.

Introduction

Rape

Rape is any form of unwanted sexual behavior that is imposed on someone. Our definition of rape is broader than most conventional or legal definitions. We place rape within a continuum of sexual violence that can take many different forms, including sexual harassment, verbal abuse, leering, threats, exposure, being forced to watch pornography, unwanted touching, incest, penetration, mutilation and ritual abuse.

Although the legal definition of rape varies from state to state “Rape is generally defined as forced or non-consensual sexual intercourse.” Rape may be accomplished by fear, threats of harm and/or actual physical force. Rape may also include situations in which penetration is accomplished when the victim is unable to give consent or is prevented from resisting, due to being intoxicated, drugged, unconscious or asleep.

The term “drug-facilitated sexual assault” is generally used to define situation in which victims are subjected to non-consensual sexual acts while they are incapacitated or unconscious due to the effects of alcohol and /or other drugs and are therefore, prevented from resisting and/or are unable to give consent.

Rape is a Crime

Our definition takes into account that a person may feel as if they have been raped in circumstances that are not legally defined as constituting rape. Rape may not involve actual physical injury. It is an act that may be experienced as a violation of the physical body and/or on emotional, intellectual and spiritual levels.

Which people feel that they do not have the right to say no and have their rights respected. Some examples of rape include

An adult relative uses trickery and bribes to make a child participate in a sexual activity. A husband/partner manipulates his wife into having sex in order to ‘keep the peace’ or to ‘show that she loves him’ or that it is ‘her duty’ or ‘his entitlement’. A boy/man pressures a girl/woman into having sex when she is not ready.

Rape is also legal term that is defined in by three elements

Penetration of any orifice by any object. Force or threat of force. Sexual contact against the will of the victim.

Types of Rape

Stranger Rape

When a person is raped by an unknown attacker it is consider a “Stranger Rape”.



Acquaintance Rape/Date Rape

When a person knows his/her attacker (Partner, family member, Doctor, Neighbor, Co-worker etc. it is considered an: Acquaintance Rape/Date Rape”.

Sexism

It is the system of attitudes, assumptions, actions and institutions that treat women as inferior and make women vulnerable to violence, disrespect and discrimination.

Coercion

Coercion is the use of emotional manipulation to persuade someone to something they may not want to do-like being sexual or performing certain sexual acts.

Consent

Consent is clear permission between intimate partners that what they are doing is okay and safe.

Sexual Abuse

Sexual abuse is a term generally used to refer to inappropriate sexual conduct on a child.

Sexual Harassment

Different from sexual assault, sexual harassment is any unwanted sexual advance, comment, attention, gesture or behavior.

Domestic Violence

Domestic Violence is a verbal, physical, psychological or sexual violence within the flute concept of “Family”.

Heterosexist

It is the systematic day to day, institutional miss treatment of Gay, lesbian, transsexual and bisexual people by a heterosexuality dominated culture.

Date Rape

Date rape also occurs when one person forces another person to have sex. This crime is also a felony offense.

Marital Rape

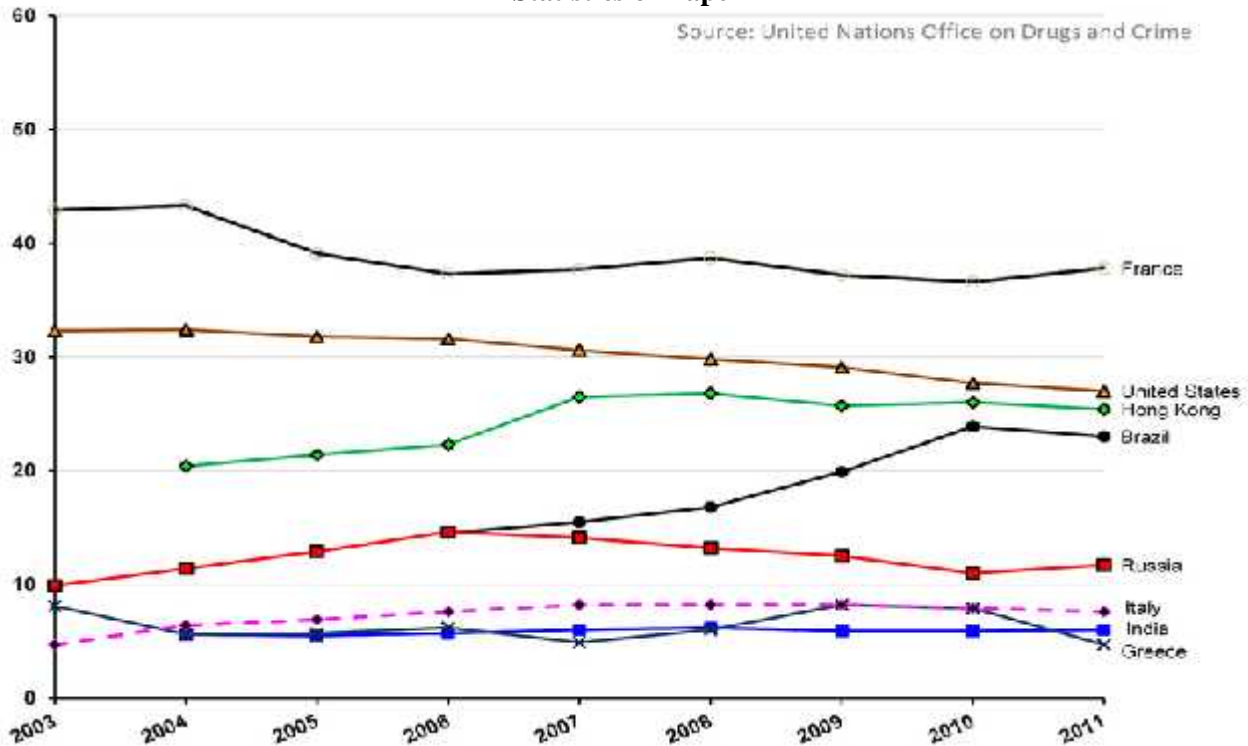
Marital rape also known as Spousal Rape in non-consensual sex in which the perpetrator is the victim’s spouse. As such, it is a form of partner rape of domestic violence and of sexual abuse.

Myth or Facts about Rape

1. Students may respond with a true (Fact) or false (Myth) response.
2. The primary motive for rap is sexual.
3. Rape occurs only among strangers.
4. Women who are raped are asking for it by the kind of clothes they wear.
5. Victims of rape are usually young, attractive women.
6. Rapists are usually one-time offenders.
7. Most rapists are between 16 and 24 years old.
8. Rap is not planned but done on an urge.
9. Rapes happen most often in the street or alleys in the early evening.
10. Most rapes are not reported to the police.
11. In most cases a women can fight off her attacker.



Statistics of Rape-



Review of Literature

Holmstrom and Hurgess (1978) studied the institutional response to victims of rape. They found rape victimization as a trauma syndrome resulting into the total disruption of all aspects of life. Medea and Thompson (1972) discussed psychological reactions of victims of rape. The authors however did not use any empirical technique but concluded that guilt, shock, anxiety and depression were certain prime psychological reactions observed in victims of rape. Barkas (1978) enumerated various mental disorders, confusion, sleeplessness, frigid emotionality and other personality disorders among victims of rape. Fattah (1989) conducted a number of studies highlighting the concerns of crime victims. His study titled discussed psychological consequences of rape.

Statement of the problem

Rape is a felony crime in which a person is forced to have sexual intercourse without giving consent. Rape is traumatizing and has a long lasting effect on how victims cope in society. While most rapes are unreported. Rape is often motivated by extreme anger toward the victim or a need to overpower the victim. The motive is rarely sexual. Rape is intended to abuse, humiliate and dehumanize the victim. 50% of all rapists are under the age of 25 and are most frequently with someone the victim already knows. This can be very traumatic and have many effects on the victim. The effects of rape are both physical and psychological. Some of the physical problems may be bruises, swelling around genital area, bruising around the vagina, sexually transmitted diseases and/or possible pregnancy. Through this psychology platform will try to put or rather throw light over the deep and most heinous ward rape and the outcomes of this over the rape victim. It represents the attitude the rape victim that is what will be my purpose of this report.

Methodology

Objective

The purpose of this study is to study the perception of Medical professionals (Doctor) and Psychologists on Rape Victim.



Sample

15 Doctors & 15 Psychologists.

Tool

Self-constructed open-ended semi-structured interview questionnaire (with the help of experts) consisting of 10 questions.

Result

Table-1-Showing the views of 15 Psychologists on Rape Victim

SI No.	Category/Themes	Frequency	Percentage
iz'u&01 vkids vuqlkj jsi D;k gSA			
1	Sexual Harassment	4	26.66%
2	Focally Sexual Relationship	6	40%
3	Hurting Self-Respect	3	20%
4	Female as object	2	13.33%
Total		15	100%
iz'u&02 vki jsi dh ?kVukvksa ds fy, L=h o iq:"k esa ls fdls vf/kd ftEesnkj ekurs gSA			
1	Female	0	0
2	Male	12	80
3	Both	3	20.00
Total		15	100
iz'u&03 vkids vuqlkj fnu&izfrnu c< jgh jsi dh ?kVukvksa ds D;k dkj.k gSA			
1	Unemployment	4	26.66
2	Media	2	13.33
3	Lack of Education	2	13.33
4	Disturb mental status	3	20
5	Law & Order	2	13.33
6	Lack of Awareness	2	13.33
Total		15	100
iz'u&04 jsi dh ?kVuk;sa lekIr gksa] bls ds fy, ,d ifjokj o lekt dh D;k Hkwfedk gks ldrh gSA			
1	Open Discussion	2	13.33
2	Female Respect	6	40%
3	Awareness	2	13.33
4	Equal Treatment Values	3	20
5	Values	2	13.34
Total		15	100
iz'u&05 jsi dh ?kVukvksa dks de djus ds fy, ,d 'kSf{kd laLFkk viuk D;k ;ksxnku ns ldrh gSaaaA			
1	Sex Education	5	33.33
2	Female Respect	2	13.33
3	Awareness & Teaching Programs	5	33.33
4	Co-Education	2	13.33
5	Moral Education	1	6.66
Total		15	100
iz'u&06 jsi dh ?kVukvksa dks jksdu ds fy, iz'kklu o ehfM;k dks D;k djuk pkfg, gSA			
1	Fast track law or order/stick law and order	4	26.66
2	Awareness Program	3	20
3	Media Present Realistic Information	7	46.66



4	Media Focused on Rapist	1	6.66
Total		15	100
iz'u&07 D;k vkids ikl dHkh dksbZ “jsi” dh ?kVuk ls IEcfU/kr dsl vk;k gS] ;fn gkW rks vki dqN fcUnq crk;saA			
1	NO	11	73.33
2	Yes	4	26.66
Total		15	100
iz'u&08 ,d MkWDVj@euksoSKkfud tSlS in ij gksus ds ukrs vizR;{k@izR;{k :i ls vki lq/kkj ykus ds fy, D;k dj ldrs gSSA			
1	Real Report Provide	1	6.66
2	Parent Awareness	6	40
3	Psychological Counseling	5	33.33
4	Victim Social Support	3	20
Total		15	100
iz'u&09 gky gh esa gqbZ dbZ cMh&cMh jsi dh ?kVuk;sa] mldk vki D;k dkj.k crkuk pkgxsxa gSA			
1	Mental Disorder	3	20
2	Dressing Sense of Female	3	20
3	Lack of law or order/unemployment	7	46.66
4	Disrespect of Female	1	6.66
5	Media	1	6.66
Total		15	100
iz'u&10 jsi fofDVe efgyk dks lekt esa fQj ls jgdj vius Hkfo”; ds ckjs esa lkspuk pkgf,] bls ckjs esa vki D;k dgsxsA			
1	No	0	0
2	Yes	15	100
Total		15	100

Table-2-Showing the views of 15 Doctors on Rape Victim

Sl No.	Category	Frequency	Percentage
iz'u&01 vkids vuqlkj jsi D;k gSA			
1	Sexual Harassment	2	13.33
2	Focally Sexual Relationship	11	73.33
3	Hurting Self-Respect	1	6.66
4	Female as object	1	6.66
Total		15	100
iz'u&02 vki jsi dh ?kVukvksa ds fy, L=h o iq.”k esa ls fdls vf/kd ftEesnkj ekurs gSA			
1	Female	1	6.66
2	Male	12	80
3	Both	2	13.33
Total		15	100
iz'u&03 vkids vuqlkj fnu&izfrfnu c< jgh jsi dh ?kVukvksa ds D;k dkj.k gSA			
1	Unemployment	2	13.33
2	Media	2	13.33
3	Lack of Education	3	20
4	Disturb mental status	6	40
5	Law & Order	1	6.66
6	Lack of Awareness	1	6.66



Total		15	100
iz'u&04 jsi dh ?kVuk;sa lekIr gksa] bls fy, ,d ifjokj o lekt dh D;k Hkwfedk gks ldrh gSA			
1	Open Discussion	6	13.33
2	Female Respect	3	20
3	Awareness	3	40
4	Equal Treatment Values	2	26.66
Total		15	100
iz'u&05 jsi dh ?kVukvksa dks de djus ds fy, ,d 'kSf{kd laLFkk viuk D;k ;ksxnku ns ldrh gSA			
1	Sex Education	6	40
2	Female Respect	3	20
3	Awareness & Teaching Programs	3	20
4	Co-Education	2	13.33
5	Moral Education	1	6.66
Total		15	100
iz'u&06 jsi dh ?kVukvksa dks jksdu ds fy, iz'kklu o ehfM;k dks D;k djuk pkfg, gSA			
1	Fast track law or order/stick law and order	7	46.66
2	Awareness Program	3	20
3	Media Present Realistic Information	4	26.66
4	Media Focused on Rapist	1	6.66
Total		15	100
iz'u&07 D;k vkids ikl dHkh dksbZ jsi dh ?kVuk ls lEcfU/kr dsl vk;k gS] ;fn gkW rks vki dqN fcUnq crk;saA			
1	NO	12	80
2	Yes	3	20
Total		15	100
iz'u&08 ,d MkWDVj@euksoSKkfud tSls in ij gksus ds ukrs vizR;{k@izR;{k :i ls vki lq/kkj ykus ds fy, D;k dj ldrs gSSA			
1	Real Report Provide	6	40
2	Parent Awareness	7	46.66
3	Awareness Program	2	13.33
Total		15	100
iz'u&09 gky gh esa gqbZ dbZ cMh&cMh jsi dh ?kVuk;sa] mldk vki D;k dkj.k crkuk pkgxsxa gSA			
1	Mental Disorder	6	40
2	Dressing Sense of Female	1	6.66
3	Lack of law or order/unemployment	5	20
4	Unemployment & Alcohol	2	13.33
5	Disrespect of Female	3	20
Total		15	100
iz'u&10 jsi fofDVe efgyk dks lekt esa fQj ls jgdj vius Hkfo"; ds ckjs esa lkspuk pkfg,] bls ckjs esa vki D;k dgsxaA			
1	No	0	0
2	Yes	15	100
Total		15	100



Interpretation

Rape is more about the arouse of power than sexual attraction or the desired for sexual gratification rape is when someone use their power manipulation or force to intimidate, humiliate, exploit, degrade or control another. Rape has been use as a weapon in war, racial violence and everyday life. Rape demonizes a person's dignity and their human's rights safety, choice & consent. The purpose of the present study is the view of psychologist & medical professions towards the rape victim. The data for the present study was collected form the thirty subjects which included 15 doctors of prestigious hospitals and 15 Psychologist of prestigious Institutions and Rehabilitations Centers and Colleges. The subjects were asked to give their views and experiences relating to that of rape and rape victims in that questionnaire the reply of the questionnaire form 30 subjects were straight forwarded and open-ended.

The first question was vkids vuqlkj jsi D;k gS\In which 26.66% Psychologist and 13.33% Doctors responded that rape is sexual harassment and 40% Psychologist and 13.33% Doctors believes rap is sexual relationship which is made by force with someone and 20% Psychologist and 6.66% Doctors believes that rape is something which hurts self-respect of the victim. 13.33% Psychologist and 6.66% Doctors believes female as object. The second question was related to the question thatvki jsi dh ?kVukvksa ds fy, L=h o iq:"k esa ls fdls vf/kd ftEesnkj ekurs gS\ For which 80% psychologist and 80% doctors believes that male is more responsible for the incident like rape. And 20% psychologist and 13% doctors believes that male and female are responsible and 7% are believes females are more responsible for rape. The third question was "vkids vuqlkj fnu&izfrfnu c< jgh "jsi" dh ?kVukvksa ds D;k dkj.k gS? For which 26.66% psychologist and 6.66% doctors believes that the reasons for increasing is unemployment. For increasing rate of rape incident 20% psychologist and 40% doctors believes that destroy mental status is responsible.

The 4th question was "jsi" dh ?kVuk;sa lekIr gksa] blds fy, ,d ifjokj o lekt dh D;k Hkwfedk gks ldrh gS? For which 13.33% psychologist believes that there should be open discussion on it in and families and 13.33% doctors also remarked same that there should be open discussion. The 5th question was "jsi" dh ?kVukvksa dks de djus ds fy, ,d 'kSf{kd laLFkk viuk D;k ;ksxnku ns ldrh gS? For which 13.33% psychologist and 40% doctors have spoken in favour of sex education in educational institutions were as 13.33% psychologist and 20% doctors have remark about the awareness of female respect among 30 subject. The 6th question was "jsi" dh ?kVukvksa dks jksdu ds fy, iz'kklu o ehfM;k dks D;k djuk pkfg, gS? For which 26.66% and 46.66% doctors have remarked that they should prepare fast track courts and strong law should be made.

The 7th question was D;k vkids ikl dHkh dksbZ "jsi" dh ?kVuk ls lEcfu/kr dsl vk;k gS] ;fn gkW rks vki dqN fcUnq crk;sa? for which 26.66% psychologist and 20% doctors said yes. They had cases of rape. Among which many were case related with children ageing 3-4 year which victim and the family member were involved in sine. The 8th question was, MkWDVj@euksoSKkfud tSlS in ij gksus ds ukrs vizR;{k@izR;{k :i ls vki lq/kkj ykus ds fy, D;k dj ldrs gSS? In which 6.66% psychologist and 40% doctors answer that they can provide real reports can help in society to remove or to stop such crime. The 9th question was gky gh esa gqbZ dbZ cMh&cMh "jsi" dh ?kVuk;sa] mldk vki D;k dkj.k crkuk pkgxsxa gS? For which 20% psychologist and 40 doctors have stated mental disorder as the reason for such incident were which 20% psychologist and 6.66% doctors said that dressing sense of female is the reasons.

The 10th question was "jsi fofDVe" efgyk dks lekt esa fQj ls jgdj vius Hkfo"; ds ckjs esa lkspuk pkfg,] blds ckjs esa vki D;k dgsxsa? For which 100% psychologists and doctors believe that a rape victim has full authority and right to think about their future about also remarked that they need family and social support and should be given and also government should provided jobs and new programs should be developed they should be motivated to join them.

Conclusion

The present studies the view and suggestions and reasons of 15 doctors and 15 psychologists towards rape victim. The study indicates that unemployment, media, lack of education and disturb mental status are assumed as major cause of rape. Rape is defined by samples as sexual harassment, hurting self respect and females as



object. Fast track trials and strict law enforcements are suggested by the samples. Parent support, social support, psychological counseling, awareness programs, sex education can help in reducing the increasing rate of rape and will help in gaining positive attitude in rape victims and others towards the rape victims.

There should be awareness programme conducted time to time by school, colleges and media. Media focus on victim rather than rapist this is wrong media should more focus on rapist. Law and order should be strong and constitution should come up with strong act and amendment. Victim family members and parents should be motivated to favour of them and support them and should help victim to start a new life ahead. Children above the age of 16 years should be given sex education in education Institution. Government should ban and should impose heavy duties (Taxes) over alcohol and drugs.

APPENDIX

lk{kkRdkj

uke	%	
vk;q	%	
in	%	
fyax	%	L=h@iq:"k
oSokfgd fLFkfr	%	
iz'u&01		vkids vuqlkj jsiD;k gSA
iz'u&02		vki jsidh ?kVukvksa ds fy, L=h o iq:"k esa ls fdls vf/kd ftEesnkj ekurs gSaaA
iz'u&03		vkids vuqlkj fnu&izfrfnu c< jgh jsi dh ?kVukvksa ds D;k dkj.k gSA
iz'u&04		jsi dh ?kVuk;sa lekIr gksa] bls fy, ,d ifjokj o lekt dh D;k Hkwfedk gks ldrh gSA
iz'u&05		jsidh ?kVukvksa dks de djus ds fy, ,d 'kSf{k d laLFkk viuk D;k ;ksxnku ns ldrh G
iz'u&06		jsidh ?kVukvksa dks jksdu ds fy, iz'kkl o ehfM;k dks D;k djuk pkfg, gS
iz'u&07		D;k vkids ikl dHkh dksbZ jsi dh ?kVuk ls lEcfU/kr dsl vk;k gS] ;fn gkW rks vki dqN fcUnq crk;sa
iz'u&08		,d MkWDVj@euksoSKkfud tSlS in ij gksus ds ukrs vizR;{k@izR;{k :i ls vki lq/kkj ykus ds fy, D;k dj ldrs gSS
iz'u&09		gky gh esa gqbZ dbZ cMh&cMh jsi dh ?kVuk;sa] mldk vki D;k dkj.k crkuk pkgsxsa gS
iz'u&10		jsi fofDVe efgyk dks lekt esa fQj ls jgdj vius Hkfo"; ds ckjs esa lkspuk pkfg,] bls ckjs esa vki D;k dgsxsa

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